## PRESS RELEASE FOR IMMEDIATE RELEASE



Heart & Stroke Walk

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locally sponsored by

Wake Forest\* Baptist Health



# Inmar Employees Walk 152 Miles To Prevent Heart Disease and Stroke

(photo attached)

WINSTON-SALEM, N.C. – Inmar employees kicked-off their 2012 American Heart Association Tanglewood Heart and Stroke Walk Campaign on National Walking Day by having employees set the example. One hundred and forty one Inmar employees, with 15% of associates at the Pilgrim Court location walking a total of 116 miles and 20% of associates at the Healy Drive campus walking at total of 36 miles, walked a cumulative 152 miles on April 4. (Photo Attached)

"Promoting heart disease and stroke prevention to our employees is vital to stimulating staff productivity and morale while reducing employee healthcare costs and absenteeism," said Steve Dollase, Inmar's EVP of Strategy and Great Teams! He added that, "As our greatest resource, we pride ourselves at Inmar for putting the health and well-being of our employees first." Inmar is recognized nationally as an American Heart Association Platinum-level Fit-Friendly Company demonstrating excellence in employee wellness initiatives. Inmar is also a proud sponsor of the 2012 Tanglewood Heart and Stroke Walk.

Heart disease and stroke are the first and fourth leading causes of death in the United States. The 2012 Tanglewood Heart and Stroke Walk, locally sponsored by Wake Forest Baptist Health and TE Connectivity, will take place on Saturday, October 20 at Tanglewood Park in Clemmons. For more information, visit <u>www.tanglewoodheartwalk.org</u> or contact tanglewoodheartwalk@heart.org

## About the American Heart Association

The American Heart Association is devoted to saving people from heart disease and stroke – America's No. 1 and No. 4 killers. We team with millions of volunteers to fund innovative research, fight for stronger public health policies, and provide lifesaving tools and information to prevent and treat these diseases. The Dallas-based association is the nation's oldest and largest voluntary organization dedicated to fighting heart disease and stroke. To learn more or join us, call 1-800-AHA-USA1 or any of our offices around the country, or visit heart.org.

### <u>Inmar</u>

Inmar operates collaborative commerce networks and makes them intelligent. Retail, healthcare, and manufacturing clients choose Inmar's networks to simplify and securely manage their complex transactions with trading partners so they can focus on their core business. Founded in 1980, Inmar is headquartered in Winston-Salem, North Carolina with more than 4,200 employees in the United States, Mexico and Canada.

#### About the American Heart Association

Founded in 1924, the American Heart Association today is the nation's oldest and largest voluntary health organization dedicated to building healthier lives, free of heart disease and stroke. These diseases, America's No. 1 and No. 3 killers, and all other cardiovascular diseases claim nearly 870,000 lives a year. In fiscal year 2006-07, the association invested more than \$554 million in research, professional and public education, advocacy and community service programs to help all Americans live longer, healthier lives. To learn more, call 1-800-AHA-USA1 or visit www.americanheart.org.